

## Dover College Menu - Michaelmas Term Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday	
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings			
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes	Brunch		
Juices	Orange Juice and Apple Juice available daily			
Hot Beverages	Tea, Coffee and Hot Chocolate available daily			

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<b>Coq au Vin</b> Chicken, smoked bacon, mushrooms <b>Roast Chicken Leg</b>	Pork & Fennel Pasta Pork Mince served in a tomato & Fennel Sauce Mushroom Tagliatelle	<b>Coconut Chicken</b> Chicken cooked with mild spice, Coconut milk & Coriander <b>Chicken Bites</b>	<b>Roast Topside of Beef</b> Oven roasted boned & rolled topside of beef	Beef Burger 100% Beef Burger Salmon Fishcake
Vegetarian Main Course	<b>Quorn Coq au Vin</b> Quorn Chicken, wild mushrooms	<b>Vegetarian Meatballs</b> Quorn meatballs tomato and red pepper Sauce	<b>Quorn Coconut Chicken</b> Quorn chicken, coconut milk and mild spices	<b>Vegetarian Wellington</b> Quorn and root vegetable in a light puff pastry case	<b>Quorn Burger</b> Quorn Beef Patty Seeded Roll
On the side	Mash potato Baby potatoes Steamed broccoli Diced swede Braised Savoy Cabbage	Garlic Bread Italian Bread Sticks Penne Pasta/Spaghetti Green beans Confit fennel Basil Dressing	Sweet & Sour Steamed rice Sweet & sour peppers Roasted marrow Glazed new potato	Roast Potatoes Yorkshire Pudding Meat or Vegetable Gravy Fresh Vegetables Horseradish gravy Cauliflower cheese	Baked Beans Seeded Roll Chips Burger Cheese Streaky Bacon Gherkin



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Pasta Bar	Tomato & Basil sauce	Roasted Red Pepper	Cream Mushroom & Bacon	Three Cheese	Tomato & Red Pepper
Hot Dessert	Toffee Sponge	Chocolate Sponge	Apple Crumble	Creamed Rice Pudding	
Cold Dessert	Strawberry Angel Delight Selection of Fresh Fruit	Banoffee Tart Selection of Fresh Fruit	Lemon Meringue Pie Selection of Fresh Fruit	Strawberry Jelly Selection of Fresh Fruit	Doughnuts Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Piri Piri Chicken	Chicken Korma	Chinese	Seafood Risotto	Fish Shop	Pizza Night Waffle fries Coleslaw BBQ beans Jalapeno peppers	Chef's Special
Vegetarian Main Course	Piri Piri Quorn Fillet	Chickpea & Spinach Tikka	Vegetable Noodles	Vegetable Meatballs	Quorn Fish		
On the Side	Herb Diced Potatoes Corn On The Cob Macho Peas Quinoa	Rice Sag Aloo Samosa Naan	Gyoza Rice noodles & Soy Spring roll Prawn cracker	Corn On The Cob Warm Bread Roll Piri Piri Croquettes Calamari rings	Twister fries Minted mushy peas Bread & butter Tartare Sauce		
Salad bar		A	selection of salads, co	ld cuts and cheeses	with dressings.		