



# Dover College Menu - Michaelmas Term Week 3

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<p><b>Pork Moussaka</b> Greek pork dish, tomato and red pepper sauce</p> <p><b>Pesto Chargrilled Chicken</b></p>	<p><b>Beef Bolognese</b> beef and onion,herbs Garlic &amp; tomatoes</p> <p><b>Carbonara</b></p>	<p><b>Katsu Curry</b> Breaded chicken, Katsu sauce</p> <p><b>Spanish Chicken</b></p>	<p><b>Honey Roast Gammon</b> oven roasted boned &amp; rolled glazed gammon</p>	<p><b>Chicken Burger</b> Pineapple and cheese and a seeded roll</p> <p><b>Meat Pie</b></p>
Vegetarian Main Course	<p><b>Potato Gnocchi</b> roasted bell peppers &amp; tomato sauce with mature cheddar cheese</p>	<p><b>Chargrilled Vegetable filled pasta</b> Filled pasta with a selection of chargrilled vegetables</p>	<p><b>Quorn Chicken</b> Breaded Quorn chicken</p>	<p><b>Quorn Roast</b> Quorn roast chicken vegetables &amp; onion in a meat free gravy</p>	<p><b>Quorn Southern Fried</b> Quorn chicken style Burger in a seeded roll</p>
On the side	<p>Lyonnaise potatoes Sweetcorn Roast courgette Charred pitta bread Spiced chickpea</p>	<p>Garlic bread Spaghetti pasta Potato gratin Green beans Baby carrots Italian cheese</p>	<p>Patatas bravas Steamed rice Ratatouille Tenderstem broccoli Roasted peppers &amp; thyme</p>	<p>Roast potatoes Yorkshire pudding Meat or Vegetable gravy Herb stuffing Fresh vegetables Cauliflower cheese</p>	<p>Baked beans Garden peas Chips Fresh Vegetables Chip shop gravy</p>



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & Basil Sauce	Roasted Red Pepper	Carbonara	Three Cheese	Tomato & Red Pepper
Hot Dessert	Mixed Fruit Cobbler	Sticky Toffee Sponge	Fruit Crumble	Creamy Rice Pudding	Milk Choc Cookies
Cold Dessert	Belgian Waffle & Chocolate Selection Of Fresh Fruit	Fruit Flapjack Selection Of Fresh Fruit	Rice Krispie Cake Selection Of Fresh Fruit	Carrot Cake Selection Of Fresh Fruit	White Choc Chip Cookies Selection Of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	<b>Beef Kofte</b>	<b>Burger Night</b>	<b>Ramen - Build Your Own</b>	<b>Tandoori Chicken</b>	<b>Mixed Grill</b>	<b>Pizza</b>	Chef's Special
Vegetarian Main Course	<b>Spiced Falafel</b>	<b>Quorn Burger</b>	<b>Rice Noodles</b>	<b>Tandoori Cauliflower Steak</b>	<b>Mushroom Kiev</b>	<b>Cheese &amp; Tomato</b>	
On the Side	Rosemary fries Pitta bread Guacamole Mint Yogurt	Streaky bacon Cajun french fries Corn on the cob Burger cheese	Beansprouts Fresh cut vegetables Pork belly Bread selection	Spiced herb potato Mint yoghurt Houmous & pitta Curried rice	Garlic field mushroom Hash brown bites Peppercorn sauce Onion rings	Pesto mushrooms Hash brown bites Coleslaw Breaded mozzarella	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						