



Dover College Menu - Lent Term Week 2

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Chilli Con Carne Mild tomato sauce with fresh chilli Chicken Strips, Fajita Spice	Chicken and Pancetta Bolognese With mascarpone Macaroni Cheese Gratin	Lamb Hotpot Lamb mince, vegetables Crispy Potato Beef Stew & Dumplings	Roast Turkey Crown Slow Roast crown of Turkey Chipolatas	Chicken Tikka Rich tomato sauce Chicken Tandoori Leg
Vegetarian Main Course	Quorn Mince Chilli Mild tomato sauce with fresh chilli	Spinach & Ricotta Cannelloni With a tomato sauce topped with mozzarella cheese and herbs	Quorn Chicken Pie Quorn chicken pie, sauce with mushrooms	Quorn Turkey Roast Quorn Turkey braised in a vegetable gravy	Vegetarian Curry Mils spice curry with spinach and lentils
On the side	Buttered Coriander potatoes Steamed Rice Tortilla Bread Ratatouille Sweetcorn Tortilla Chips	Garlic Bread Green beans Garlic mushrooms Italian cheese Rainbow chard	Mashed potato Tenderstem broccoli Braised red cabbage Crushed swede Onion Gravy	Herb Stuffing Roast Potatoes Yorkshire Pudding Meat or vegetable gravy Fresh vegetables Cauliflower cheese	Basmati Rice Naan Bread Poppadum Chips Garden Peas Braised Lentils



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Cream mushroom & bacon	Three Cheese	Tomato & red pepper
Hot Dessert	Peach, Yoghurt Sponge	Jam and Coconut Sponge	Golden Syrup Suet Sponge	Creamy Rice Pudding	Chocolate Eclair
Cold Dessert	Belgian Waffles Selection of Fresh Fruit	Chocolate Flapjack Selection of Fresh Fruit	Cheesecake Selection of Fresh Fruit	Apple Crumble Cake Selection of Fresh Fruit	Chocolate Brownies Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Lamb Tagine	Chicken Shawarma	Bratwurst & Meatballs	Chicken Enchiladas	Chicken & Chorizo Jambalaya	Pulled Pork	Chef's Special
Vegetarian Main Course	Mushroom Tagine	Halloumi Shawarma	Vegwurst	Aubergine Parmigiana	Vegetarian Jambalaya	Veggie Chilli	
On the Side	Cous cous Baked rice, pomegranate Garlic butter flatbread Diced potato, spices	Spicy Chicken Thigh Spiced corn Loaded wedges Vegetable Quinoa	French fries Pretzel roll Curry sauce Fried onions	Sweet potato Quesadilla Sticky rice Stir fry vegetables	Rice & pea Whitebait Spicy chicken wings Loaded Baked potato	Rice Crusty roll Salsa Piri piri croquettes	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						