



Dover College Menu - Summer Term Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Breaded Rosemary Chicken Tomato Spaghetti Lemon Chicken Thigh	Chicken Meatballs Tomato, mascarpone pasta bake Bacon Carbonara	Thai Green Chicken Curry Lemongrass & Coconut Sweet Chilli Chicken	Roast Topside of Beef Oven roasted boned & rolled topside of beef	Beef Burger 100% Beef Burger Mac & Cheese Crispy Onions
Vegetarian Main Course	Breaded Quorn Chicken Quorn Chicken, Tomato Spaghetti	Stuffed Mushroom Spinach, garlic, mozzarella	Quorn Green Chicken Quorn chicken, Lemongrass & Coconut	Vegetarian Wellington Quorn and root vegetable in a light puff pastry case	Quorn Burger Quorn Beef Patty Seeded Roll
On the side	Pesto potato Rainbow chard Steamed broccoli Carrots Garlic and herb pitta	Garlic Bread Honey mustard potatoes Sweetcorn Green beans Butternut squash	Diced Potato Sweet & Sour Peppers Steamed rice Roast courgette Butter beans Minted Peas	Roast Potatoes Yorkshire Pudding Meat or Vegetable Gravy Fresh Vegetables Horseradish gravy Cauliflower cheese	BBQ Beans Seeded Roll Chips Burger Cheese Streaky Bacon Gherkin



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Pasta Bar	Tomato & Basil sauce	Roasted Red Pepper	Cream Mushroom & Bacon	Three Cheese	Tomato & Red Pepper
Hot Dessert	Marmalade Sponge	Banana & Toffee Crumble	Apple Strudel	Creamed Rice Pudding	Chocolate Brownie
Cold Dessert	Meringue Nest, Chantilly Selection of Fresh Fruit	Chocolate Tiramisu Selection of Fresh Fruit	Lemon Drizzle, Mascarpone Selection of Fresh Fruit	Chocolate Muffins Selection of Fresh Fruit	Sugared Ring Doughnut Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Piri Piri Chicken	Asian Glazed Chicken	Beef Tacos	Chicken Schnitzel	Kofte Kebab	Battered Fish	Chef's Special
Vegetarian Main Course	Piri Piri Quorn Fillet	3 Cheese Fritata	Quorn Tacos	Quorn Schnitzel	Spiced Falafel	Quorn Fish	
On the Side	Potato croquette Corn On The Cob Macho Peas, Fresh mint, Chilli Quinoa	Chow Mein noodles Special Fried Rice Soy, Honey Glazed Potatoes Pak Choi	Chipotle Rice Fresh Tomato Salsa Guacamole Spiced Wedges	Tomato Spaghetti Saute Potato with onion Potato Gnocchi Loaded Bread	Chips Pitta Bread Various fillings Savoury rice	Chips Mushy Peas BBQ beans Jumbo Sausage	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						