



Dover College Menu - Summer Term Week 3

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<p>Lamb Moussaka Greek lamb dish, tomato and red pepper sauce</p> <p>Creamy Pesto Chicken Thigh</p>	<p>Spaghetti Bolognese beef mince, tomato fresh herbs</p> <p>Bacon Carbonara</p>	<p>Katsu Curry Breaded chicken, Katsu sauce</p> <p>Nasi Goreng</p>	<p>Honey Roast Gammon oven roasted boned & rolled glazed gammon</p>	<p>Pretzel Roll Fish Finger Sandwich Cheese, Tartare Sauce</p> <p>Cheese & Bacon Turnover</p>
Vegetarian Main Course	<p>Potato Gnocchi roasted bell peppers & tomato sauce with mature cheddar cheese</p>	<p>Chargrilled Vegetable filled pasta Filled pasta with a selection of chargrilled vegetables</p>	<p>Quorn Chicken Katsu Breaded Quorn chicken Katsu Sauce</p>	<p>Quorn Roast Quorn roast chicken vegetables & onion in a meat free gravy</p>	<p>Vegan Fish Fingers Quorn fish fingers Pretzel roll</p>
On the side	<p>Saute potatoes Sweetcorn Roast courgette Charred pitta bread Chickpeas Tenderstem Broccoli</p>	<p>Garlic bread Spaghetti pasta Pesto potatoes Green beans Creamed leeks Roast fennel</p>	<p>Patatas bravas Steamed rice Pak Choi Tenderstem broccoli Crushed swede Red lentils</p>	<p>Roast potatoes Yorkshire pudding Meat or Vegetable gravy Herb stuffing Fresh vegetables Cauliflower cheese</p>	<p>Baked beans Minted peas Chips Broccoli Carrots BBQ Beans</p>



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & Basil Sauce	Roasted Red Pepper	Carbonara	Three Cheese	Tomato & Red Pepper
Hot Dessert	Apple, Yoghurt Sponge	Sticky Toffee Sponge	Cherry Strudel	Creamy Rice Pudding	Milk Choc Cookies
Cold Dessert	Belgian Waffles Selection Of Fresh Fruit	Chocolate, mascarpone traybake Selection Of Fresh Fruit	Rice Krispie Cake Selection Of Fresh Fruit	Carrot Cake Selection Of Fresh Fruit	Ice Cream Roll Selection Of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Chicken Kiev	Burger Night	Smoked Cheese, Ham & Chicken	Chicken Leg Fajita Rice	Chilli Hot Dog	Pizza	Chef's Special
Vegetarian Main Course	Garlic Escalope	Quorn Burger	Quorn Escalope	Tomato & Basil Frittata	Spiced Falafel	Vegetarian Pizza	
On the Side	Roasted Flat Mushroom Hash Brown Bites Brown Rice Garlic Bread	Streaky bacon Cajun french fries Corn on the cob Mac & Cheese	Roasted Herb Potato Grilled Flat Mushroom Mixed Pepper Rice	Chicken wings Saute potatoes Flatbread Stuffed tortilla	Spiced wedges Garlic bread Charred corn BBQ beans	Pesto mushrooms Twister fries Coleslaw Breaded mozzarella	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						