



# Dover College Menu - Michaelmas Term Week 3

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Every Day	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<b>Chicken Parmigiana</b> Mozzarella, Basil, Tomato  <b>Sausage Cassoulet</b>	<b>Italian Meatloaf</b> Tomato Sauce  <b>Chicken &amp; Mascarpone</b>	<b>Beef Cottage Pie</b> Topped with Mash Potato  <b>Chicken Thigh Fricassee</b>	<b>Roast Loin of Pork</b> Oven roasted boned & rolled Loin of Pork  <b>Coq Au Vin</b>	<b>Chicken Burger</b> Breaded Chicken  <b>Frankfurter Hotdog</b> Brioche Roll
Vegetarian Main Course	<b>Vegetable Parmigiana</b> Mozzarella, Basil, Tomato	<b>Shallot &amp; Balsamic Tarte Tatin</b>	<b>Quorn Cottage Pie</b> Topped with Mash Potato	<b>Savoury Vegetable Crumble</b> Spinach, Feta, Tomato, Pesto	<b>Quorn Burger</b> Quorn Beef Patty Seeded Roll
On the side	Mashed potato Steamed rice Steamed broccoli Carrots Sauteed cabbage Butternut squash	Garlic bread Crushed potatoes Sweetcorn Green beans Braised peas Tomato spaghetti	Bubble & squeak Carrots Minted peas Roasted courgette Butter beans Gravy	Roast potatoes Yorkshire pudding Meat or Vegetable Gravy Fresh Vegetables Braised cabbage Cauliflower cheese	Mixed vegetable rice Fried onions Chips Burger Cheese Potato & onion hash Selection of vegetables



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Cream mushroom & bacon	Pesto	Tomato & red pepper
Hot Dessert	Rhubarb sponge	Banana & toffee crumble	Apple strudel, cream	Mint Aero cheesecake	Flapjack bars
Cold Dessert	Waffles & ice cream Selection of Fresh Fruit	Black Forest tiramisu Selection of Fresh Fruit	Lemon Drizzle, Mascarpone Selection of Fresh Fruit	Meringue nest Selection of Fresh Fruit	Peach caramel tart Selection of fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	<b>Chicken Gyros, Chilli Jam</b>	<b>Thai Fried Chicken</b>	<b>Lamb Burrito</b>	<b>Beef Bourguignon</b>	<b>Asian Steamed Cod</b>	<b>Homemade pizza</b>	Chef's Special
Vegetarian Main Course	<b>Jackfruit Flatbread, Chilli Jam</b>	<b>Spiced Falafel</b>	<b>Mixed Bean Burrito</b>	<b>Vegetable Bourguignon</b>	<b>Sweet potato fritter</b>	<b>Vegetarian pizza</b>	
On the Side	French fries Tzatziki Macho peas, Fresh mint, Chilli Savoury rice	Chow mein noodles Egg fried Rice Soy, Chilli potatoes Prawn crackers	Lentil chilli Mexican rice Loaded new potato Griddled corn on Cob	Mashed potato Cabbage, shallot, bacon Baked dumplings French stick	Thai coconut broth Chilli, garlic, spring onion Chorizo potatoes Savoury rice	Potato croquettes Creamy garlic mushrooms Greek salad Coleslaw	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						