



# Dover College Summer Term - Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<b>Minced Beef Fajitas</b> Spiced minced beef <b>Chicken Fajitas</b> Peppers & Onions	<b>Spaghetti Bolognese</b> Tomato, herbs <b>Macaroni Cheese Gratin</b>	<b>Thai Green Curry</b> Coconut Broth <b>Thai Pork Stir Fry</b>	<b>Baked Moroccan Meatballs</b> <b>Harissa Sauce</b> <b>Minced Beef Pie</b> Puff Pastry	<b>Nandos Chicken Piri Piri Sauce</b> <b>Spicy Spanish Rice</b>
Vegetarian Main Course	<b>Vegetarian Taco</b> Spiced vegetarian mince Fresh tomatoes	<b>Stuffed Courgette</b> Tomato concasse Bechamel sauce & cheddar cheese	<b>Thai Green Vegetables</b> Creamy Broth	<b>Moroccan Meatballs</b> Spice Tomato Sauce	<b>Spicy Spanish rice</b> <b>Mixed Vegetables</b>
On the side	Mexican rice Dips & Toppins Braised mixed beans Coriander, chilli, corn Sauteed cabbage Spiced Butternut Squash	Garlic bread Thyme & Garlic Potatoes Roasted Med Veg Green beans Buttered cabbage	Fried Rice Soy & Honey Potatoes Roast courgette Sauteed Bean Sprout Honey Glazed Carrots Butternut squash	Mashed Potato Couscous Braised Peas Spiced Butter beans Broccoli Carrots	French fries Mixed Rice Pitta Bread Sweetcorn Macho Peas Broccoli



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Pasta Bar	Tomato & Basil sauce	Roasted Red Pepper	Cream Mushroom & Bacon	Pesto	Tomato & Red Pepper
Hot Dessert	Jam & Coconut Sponge	Treacle Sponge	Apple Strudel, cream	Strawberry Cheesecake	Spanish Churros
Cold Dessert	Cornflake Cake Selection of Fresh Fruit	Toffee Tiramisu Selection of Fresh Fruit	Banoffee Pie Selection of Fresh Fruit	Carrot Cake, Frosting Selection of Fresh Fruit	Eton Mess Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	<b>Slow Cooked Pork Belly</b>	<b>Harissa Chicken, Tortilla Wrap</b> Rice & Yogurt	<b>Coconut Jerk Chicken</b> Slow Cooked Leg	<b>Stuffed Pork, Mushroom Duxelle, Garlic Butter</b>	<b>New York Style Chilli Hot Dog</b>	<b>Fish Shop Pie of the Day</b>	Chef's Special
Vegetarian Main Course	<b>Garlic Escalope</b>	<b>Honey Glazed Halloumi</b>	<b>Spiced Falafel</b>	<b>Savoury Pancake</b>	<b>Quorn Dog</b>	<b>Vegetarian Fish</b>	
On the Side	Egg Noodles Spring Rolls Coconut Broth Various Toppings Egg Fried Rice	Warm Potato salad Peach & Feta Salad Roasted Vegetables	Loaded Dutty Fries Fried Brown Rice & Peas Garlic Pitta Fresh Vegetables	Potato Croquette Greek Salad Cheesy Garlic Bread Stuffed Mushroom	French Fries Griddled Corn Chicken wings House Slaw	Chips Mushy Peas Bread & butter Tartar Sauce	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						