

Dover College Summer Term - Week 2

Boarder's Breakfast	Monday - Friday	Saturday	Sunday		
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings				
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes	Brunch			
Juices	Orange Juice and Apple Juice available daily				
Hot Beverages	Tea, Coffee and Hot Chocolate available daily				

	Monday Tuesday		Wednesday	Thursday	Friday	
Main Course	Spanish Chicken Cooked with Chorizo Tomato & red pepper sauce Pork & Peppercorn Sauce	Pulled Pork Pasta Bake Creamy tomato sauce Spicy Chicken, Tomato Spaghetti	Jambalaya New Orleans Rice dish Coconut Chicken	Roast Chicken Leg Garlic Pesto Sliced Turkey Sauce Diane	Beef Kofta Spiced Beef Mince Chicken Kofta	
Vegetarian Main Course	Smokey Paprika Lentils Roasted bell peppers Tomato & red pepper sauce	Chargrilled Filled Pasta Filled Pasta with a selection of chargrilled vegetables	Vegetable Jambalaya Various Vegetables	Quorn Roast Quorn roast chicken, vegetables & onion in a meat free gravy	Spiced Quorn Mince Various toppings	
On the side	Steamed basmati Garlic, herb pitta Couscous Courgette Rainbow Chard Garlic & Herb potatoes	Garlic Bread Dill New Potatoes Carrots Green beans Buttered cabbage	Roasted Pepper Potatoes Steamed rice Butternut squash Broccoli Sweetcorn Spiced ChickPeas	Rosemary Roasted New Potatoes Roasted Med Veg Minted Garden Peas Carrots Savoury Rice	French fries Pitta Bread Salsa / Mint Yogurt Broccoli Carrots Sweetcorn	



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Carbonara	Pesto	Tomato & red pepper
Hot Dessert	Apple, Yoghurt Sponge	Treacle Sponge	Apple Strudel	Rice Pudding	Fresh Baked Cookie
Cold Dessert	Belgian Waffles Selection of Fresh Fruit	Chocolate Tiramisu Selection of Fresh Fruit	Rice Krispie Cake Selection of Fresh Fruit	Strawberry Cheesecake Selection of Fresh Fruit	Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Creamy Tuscan Chicken	Chicken Parma	Burger Night	Chicken, Roasted Med Veg, Halloumi	Katsu Curry	Beef Tacos	Chadle
Vegetarian Main Course	Quorn Tuscan Chicken	Quorn, Smoked Cheese	Mushroom Burger	Tomato & Basil Frittata	Quorn Katsu	Veggie Pizza	
On the Side	Heb Gnocchi Savoury Rice Fresh Bread Mashed Potato Selection of Vegetables	Fried Potatoes Onions & Leeks Grilled Flat mushroom Loaded Garlic bread	French fries Burger cheese Streaky bacon Onion rings	Minted Potatoes Lyonnaise potato Herby Couscous Garlic butter pizza slice	Steamed Rice Samasas Poppadum Loaded Bombay Potatoes	Nachos Homemade wedges Mexican Rice Chilli, coriander corn	Chef's Special
Salad bar		A se	election of salads, colo	d cuts and cheeses wi	th dressings.		