



Dover College Summer Term - Week 3

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Every Day	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chilli Con Carne Spiced Beef, Kidney Beans Mexican Sausage Stew	Beef Lasagne Tomato Sauce & Bechamel Mac & Cheese	Tuscan Chicken Fresh Herbs, Spinach, Tomato Creamy Tarragon Chicken	Roast Loin of Pork Oven roasted boned & rolled Loin of Pork Chicken Chasseur	Chicken Sweet & Sour Chow Mein Hoisin Pork Egg Fried Rice
Vegetarian Main Course	Quorn Mince Chilli Tomato & Chilli Sauce	Filled Pasta Herb & Chilli Dressing	Quorn Cottage Pie Topped with Mash Potato	Quorn Chicken Chasseur	Vegetable Chow Mein Sweet & Sour
On the side	Mexican rice Loaded Nachos Steamed broccoli Sweetcorn Sauteed cabbage Green Lentils	Garlic bread Dill Buttered Potatoes Sweetcorn Green beans Braised peas	Steamed Rice Herb & Garlic Roasted New Potatoes Roasted Med Veg Sweetcorn Courgette	Roast potatoes Yorkshire pudding Meat or Vegetable Gravy Fresh Vegetables Braised cabbage Cauliflower cheese	Mixed vegetable rice French Fries Chips Soy Bean Sprouts Green Beans Broccoli



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Cream mushroom & bacon	Pesto	Tomato & red pepper
Hot Dessert	Toffee Apple	Fruit Crumble	Apple strudel, cream	Strawberry Cheesecake	Flapjack bars
Cold Dessert	Waffles & ice cream Selection of Fresh Fruit	Lemon Tiramisu	Lemon Drizzle, Mascarpone Selection of Fresh Fruit	Meringue nest, Fruit Selection of Fresh Fruit	Peach caramel tart Selection of fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Tandoori Chicken Leg	Pork Schnitzel, Fried Onions, Garlic Butter	Build Your Own Burger	Smokey Glazed BBQ Chicken	Beef Meatballs	Homemade pizza	Chef's Special
Vegetarian Main Course	Tandoori Halloumi	Spiced Falafel	Mushroom & Jackfruit Burger	BBQ Escalope	Vegetarian Meatballs	Vegetarian pizza	
On the Side	Bombay Potato Poppadum Steamed Rice, Lentil Dhal Fresh Vegetables	Bacon, Onion Fried Potatoes Herb Spaghetti Loaded Bread	Pulled Pork Burger Cheese French Fries Griddled corn on Cob	Mac & Cheese Fresh Bread Caesar Salad Buttered Jacket Potato	Spaghetti Garlic Bread Chorizo potatoes Fresh Vegetables	Potato croquettes Creamy garlic mushrooms Greek salad Coleslaw	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						