



Dover College Menu - Michaelmas Term Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Mild Chilli Con Carne Spiced minced beef Spicy Sausage Quesadilla Peppers & Onions	Spaghetti Bolognese Tomato, herbs Pesto Risotto, Lemon & Herb Chicken	Caribbean Chicken Coconut Broth Sticky Jerk Pork	Chicken & Leek Pie Shortcrust Pastry Chicken, Stilton & Bacon	Chicken Tikka Masala Tandoori Chicken Leg
Vegetarian Main Course	Vegetarian Quesadilla Spiced vegetarian mince Fresh tomatoes	Stuffed Courgette Tomato concasse Bechamel sauce & cheddar cheese	Sticky Jerk Vegetables Creamy Coconut Broth	Quorn Chicken & Leek Pie	Mushroom Tikka Masala
On the side	Mexican rice Loaded Nachos Braised mixed beans Coriander, chilli, corn Sauteed cabbage Spiced Butternut Squash Mange Tout	Garlic bread Rosemary Potatoes Roasted Med Veg Green beans Buttered cabbage Garden Peas	Fried Rice & Pea Jerk Fried Potatoes Spiced Tortilla Bread Roast Courgettes Honey Glazed Carrots Butternut Squash	Mashed Potato Onion Gravy Broccoli Cheese Braised Red Cabbage Garden Peas Carrots	Poppadum Mixed Rice Naan Bread Lentil Dhal Sweetcorn Broccoli



Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Slow Cooked Pork Belly Honey & Mustard Glaze	Cordon Bleu Chicken with Ham & Cheese	Cheeseburger Chilli Jam, Crispy Onions, Mayo	Saltimbocca Pork, Parma Ham Fresh Sage	Chicken Kiev Creamy Garlic Sauce	Fish Shop Pie of the Day	Chef's Special
Vegetarian Main Course	Garlic Escalope	Quorn Escalop with Smoked Cheese	Quorn Cheeseburger	Savoury Pancake	Quorn Dog	Vegetarian Fish	
On the Side	Chow Mein Noodles Spring Rolls Chilli & Garlic Fries Asian Salad Egg Fried Rice	Colcannon Potato Tomato Spaghetti Sauteed Spinach & Mushrooms Green Beans, Lemon & parmesan	French Fries Mac & Cheese Crispy Onions, Bacon Bits Cowboy Beans Chilli Corn Cob	Mustard Sauce Creamy Gnocchi Pesto Diced Potato Cheesy Garlic Bread Stuffed Mushroom	Spring Onion Mash Potato Griddled Corn Minted Peas House Slaw	Chips Mushy Peas Bread & butter Tartar Sauce Curry Sauce	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						