

Dover College Menu - Michaelmas Term Week 2

Boarder's Breakfast	Monday - Friday	Saturday	Sunday		
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings				
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes	Brunch			
Juices	Orange Juice and Apple Juice available daily				
Hot Beverages	lot Beverages Tea, Coffee and Hot Chocolate available daily				

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Mustard Chicken Baked with ham and Cheddar Cheese Pork & Mushroom Stroganoff	Pulled Pork Pasta Bake Creamy tomato sauce Tomato & Mascarpone Spaghetti with Garlic Butter	Chicken Leg, Garlic Pesto Risotto Rice Pork Goulash Smokey Paprika	Roast Turkey Crown Slow Cooked Turkey Pork Loin Mushroom Sauce	Sticky Fried Pulled Pork Hoisin Chicken Sweet & Soy
Vegetarian Main Course	Lentil & Mushroom Stroganoff Creamy Dijon & Herb Sauce	Chargrilled Filled Pasta Tomato , Mascarpone & Chill Sauce	Vegetable Goulash Smoked Paprika	Quorn Roast Quorn roast chicken, vegetables & onion in a meat free gravy	Hoisin Mushroom & Peppers Sweet & Soy
On the side	Mixed Rice & Quinoa Honey & Mustard Dressed Potatoes Sweetcorn Courgette Mange Tout	Garlic Bread Dill Buttered New Potatoes Carrots Green beans Roasted Med Veg	Roasted Crushed Potatoes Steamed rice Butternut squash Broccoli Sweetcorn Spiced Chick Peas	Roast Potatoes Stuffing Yorkshire Pudding Carrots Cauliflower Cheese Broccoli	Garlic & Chilli Fries Steamed Rice Egg Noddles Broccoli Carrots



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Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	
Pasta Bar	Tomato & basil sauce	Roasted red pepper Carbonara Pes		Pesto	Tomato & red pepper	
Hot Dessert	Sticky Toffee Pudding, Cream	Treacle Sponge	Apple Strudel & Cream	Peach Crumble	Banana Bread & Chocolate Sauce	
Cold Dessert	American Pancakes, Strawberry, Maple Syrup	Chocolate Tiramisu Selection of Fresh Fruit	Rice Krispie Cake Selection of Fresh Fruit	Strawberry Cheesecake Selection of Fresh Fruit	Greek Yogurt, Peach, Granola	

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Creamy Tuscan Chicken	Smashed Lamb Taziki, Feta, Flatbread	Coconut Jerk Chicken Scotch Bonnet, Ginger, Spring Onion	Chicken wrapped with Bacon & Puff Pastry	Katsu Curry	Beef Tacos	
Vegetarian Main Course	Quorn Tuscan Chicken	Spiced Quorn Mince	Jerk Chicken	Tomato & Basil Frittata	Quorn Katsu	Veggie Tacos	
On the Side	Fried Gnocchi Mash, Spring Onion Fresh Baguette Spinach Gratin Fresh Vegetables	Chorizo Potatoes, Olives, Sundried Tomato Zesty Lemon Rice Loaded	Loaded Dutty Fries Fried brown rice & peas Garlic Pitta Sauteed Tenderstem	Cheese Sauce Minted New Potatoes Herby Couscous Pizza Slice	Steamed Rice Samosas Sauteed Greens Loaded Bombay Potatoes	Nachos Homemade wedges Mexican Rice Griddled Corn	Chef's Special
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						