



Dover College Menu - Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Mild Chilli Con Carne Spiced minced beef Chicken & Pepper Fajitas Peppers & Onions	Beef Meatballs Tomato & Herb Sauce Spaghetti Carbonara	Coq Au Vin Bacon Lardons, Baby Onions Beef Stroganoff	Chicken Pie Shortcrust Pastry Honey Glazed Gammon	Chicken Korma Creamy Coconut Indian Spiced Chicken Leg
Vegetarian Main Course	Vegetarian Quesadilla Spiced vegetarian mince Fresh tomatoes	Mushroom Carbonara Creamy Sauce	Vegetarian Stroganoff Sour Cream	Quorn Chicken & Leek Pie	Mushroom & Chickpea Korma
On the side	Mexican rice Loaded Nachos Braised mixed beans Coriander, chilli, corn Sauteed cabbage Spiced Butternut Squash	Garlic bread Rosemary Potatoes Roasted Med Veg Green beans Buttered cabbage Garden Peas	Mashed Potato Roast Parsnips Minted Peas Roast Courgettes Cauliflower Brussel Sprouts	Roasted New Potatoes Onion Gravy Broccoli Braised Red Cabbage Garden Peas Carrots	Bombay Potato Mixed Rice Naan Bread Lentil Dhal Sweetcorn Broccoli



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Pasta Bar	Tomato & Basil sauce	Roasted Red Pepper	Cream Mushroom & Bacon	Pesto	Tomato & Red Pepper
Hot Dessert	Jam & Coconut Sponge	Treacle Sponge	Apple Strudel, cream	Apple Crumble	Spanish Churros
Cold Dessert	Belgium Waffle, Strawberry, Maple Syrup	Carrot Cake Topped with Frosting	Banoffee Pie Selection of Fresh Fruit	Cornflake Cake	Greek Yogurt, Cherry Compote, Granola

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Sweet Chilli Chicken Balls Black Bean Pork	Piri Piri Chicken	Cheeseburger Chilli Jam, Crispy Onions, Mayo	Breaded Chicken Topped with Smoked Cheese, Tomato Sauce	Hand Battered Fish	Chicken & Halloumi Shawarma	Chef's Special
Vegetarian Main Course	Sweet & Sour Chicken Balls	Piri Piri Frittata	Quorn Cheeseburger	Breaded Quorn Smoked Cheese	Fishless Fingers	Halloumi Shawarma	
On the Side	Chow Mein Noodles Spring Rolls Chilli & Garlic Fries Gyoza Egg Fried Rice	Mixed Pepper Rice Chilli & Mint Peas Truffle Parmesan Potatoes Loaded Pitta Bread	French Fries Mac & Cheese Crispy Onions, Bacon Bits Cowboy Beans Chilli Corn Cob	Tomato Spaghetti Sauteed Potato Baked Baguette Stuffed Mushroom	Chunky Chips Minted Mushy Peas Curry Sauce Buttered Roll	Houmous & Pitta Sweet Potato Fries Greek Salad Olive Rice	



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Salad bar	A selection of salads, cold cuts and cheeses with dressings.
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