



# Dover College Menu - Week 2

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<b>Mustard Chicken</b> Baked with ham and Cheddar Cheese  <b>Pork &amp; Mushroom Stroganoff</b>	<b>Spaghetti Bolognaise Tomato, Garlic &amp; Herbs</b>  <b>Macaroni Cheese</b>	<b>Smokey BBQ Chicken Leg</b> Chipotle Rice  <b>Jambalaya</b> Chicken & Spicy Sausage	<b>Roast Brisket</b> Slow Cooked Beef  <b>Pork Loin</b> Apple Sauce	<b>Sweet &amp; Sour Chicken</b>  <b>Sticky Teriyaki Pork</b>
Vegetarian Main Course	<b>Lentil &amp; Mushroom Stroganoff</b> Creamy Dijon & Herb Sauce	<b>Macaroni Cheese</b> Creamy Cheese Sauce	<b>Vegetable Jambalaya</b> Smoked Paprika	<b>Quorn Roast</b> Quorn roast chicken, vegetables & onion in a meat free gravy	<b>Hoisin Mushroom &amp; Peppers</b> Sweet & Soy
On the side	Mixed Rice & Quinoa Honey & Mustard Dressed Potatoes Sweetcorn Courgette	Garlic Bread Dill Buttered New Potatoes Carrots Green beans	Roasted Potatoes Charred Pitta Butternut squash Broccoli Sweetcorn	Roast Potatoes Stuffing Yorkshire Pudding Carrots Cauliflower Cheese	Prawn Crackers Egg Fries Rice Soy Noodles Broccoli Carrots

Salad bar	A selection of salads, cold cuts and cheeses with dressings.
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	Mange Toute	Roasted Med Veg	Spiced ChickPeas	Broccoli	Pak Choi
	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Carbonara	Pesto	Tomato & red pepper
Hot Dessert	Sticky Toffee Pudding, Cream	Treacle Sponge	Apple Strudel & Cream	Peach Crumble	Doughnuts & Eclairs
Cold Dessert	American Pancakes, Strawberry, Maple Syrup	Chocolate Tiramisu Selection of Fresh Fruit	Rice Krispie Cake Selection of Fresh Fruit	Strawberry Cheesecake Selection of Fresh Fruit	Greek Yogurt, Peach, Granola

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	<b>Lamb Moussaka</b> Bechamel, Aubergine	<b>Smashed Lamb</b> Taziki, Feta, Flatbread	<b>Pulled Pork BBQ Sliders</b> Brioche Bun, Gherkin, Burger Cheese,	<b>Beef Lasagne</b>	<b>Hand Battered Fish</b>	<b>Various Pizza</b>	Chef's Special
Vegetarian Main Course	<b>Quorn Moussaka</b>	<b>Loaded Flatbread</b>	<b>BBQ Quorn Slider</b>	<b>Tomato &amp; Basil Frittata</b>	<b>Quorn Nuggets</b>	<b>Margarita Pizza</b>	
On the Side	Feta & Sundried Tomato Pasta Minted New Potatoes Loaded Pitta Spinach Gratin	Lemon Rice Salted Fries Calamari Stonebaked Pizza	Hash Brown Bites Garlic & Chilli, Corn Cob Mozzarella Sticks Texan Mixed Beans Cajun Pasta	Doughball Tenderstem Broccoli Baked Gnocchi Breaded Whitebait	Chunky Chips Minted Peas Tartare Sauce Buttered Roll	Sweet Potato Fries Mozzarella & Tomato Salad Tomato Pasta	

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	Fresh Vegetables						

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