



Dover College Menu - Week 3

Boarders Breakfast	Monday to Friday	Saturday	Sunday
Every Day	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange juice and apple Juice		
Hot Beverages	Tea, Coffee, and Hot chocolate		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Cottage pie Chicken Pie	Beef Lasagne Chicken alfredo	BBQ chicken wraps Lamb kofta wrap	Cumberland sausages Lamb hotpot	Jerk chicken leg Coconut chicken curry
Vegetarian	Quorn mince cottage pie	Vegetable ravioli & Tomato mascarpone sauce	Veggie humous wraps	Quorn sausages	Vegetarian jerk mushrooms
Sides	Rich gravy Broccoli Mashed swede Mangetout carrots	Garlic bread Garlic & herb roasted new potato Peas Roasted Med veg	Fries Tzatziki Greek salad Broccoli sweetcorn	Mashe potato Onion gravy Peas red cabbage carrots	Rice & peas Dutty new potatoes Fried plantain Sauteed cabbage Green beans

Monday	Tuesday	Wednesday	Thursday	Friday
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Jacket potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Tomato & Basil Sauce	Creamy Mushroom sauce	Tomato & mascarpone	Pesto	Roasted Red pepper	Mini doughnuts, chocolate sauce
Hot dessert	Lemon Drizzle cake	Rice pudding	Apple Strudel	Pear Crumble	Mini Donuts with choc sauce
Cold Dessert	Lime & white chocolate cheese cake	Chocolate tiramisu	Strawberry vegan jelly	Lemon curd mascarpone, meringue	Greek yoghurt, mandarin, granola

Boarders Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Beef kofte	Buffalo chicken burger	Chicken Enchiladas	Donner kebab	Hand Battered fish	Chef's special	Chef's special
Vegetarian	Spiced Quorn mince	Buffalo mushroom burger	Mushroom enchiladas	Mushroom & halloumi kebab	Fishless Fingers		
Sides	Piri piri fries Tabouleh Corn & cob	Onion rings Coleslaw Sweet potato fries	Mixed rice Potato wedges Refried beans Loaded nachos,	Fries Pitta bread Garlic mayo	Chunky chips Mushy peas Curry sauce Buttered roll		