



Dover College Menu - Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Tagine Fresh Herbs, Prunes, Apricot Hunters Chicken	Beef Meatballs Tomato & Herb Sauce Spaghetti Carbonara	Chicken Korma Creamy Coconut Beef Madras	Mild Chilli Con Carne Spiced minced beef Chicken & Pepper Fajitas Peppers & Onions	Beef burgers American style hotdogs
Vegetarian Main Course	Quorn Hunters Chicken	Mushroom Carbonara Creamy Sauce	Chickpea and Spinach Curry	Veg Quesadilla	Quorn Burger
On the side	Steamed Rice Herb & Garlic Roasted New Potatoes Roasted Med Veg Sweetcorn Courgette	Garlic bread Rosemary & Thyme Potatoes Roasted Med Veg Green beans Buttered cabbage Carrots	Bombay Potato Popadom Rice Naan Bread Broccoli Sweetcorn Peas	Mexican Rice Loaded Nachos Mixed Beans Sauteed Cabbage Carrots	Fries Mac n cheese Peas Sweetcorn Tenderstem broccoli



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Pasta Bar	Tomato & Basil sauce	Roasted Red Pepper	Cream Mushroom & Bacon	Pesto	Tomato & Red Pepper
Hot Dessert	Jam & Coconut Sponge	Treacle Sponge	Apple Strudel, cream	Apple Crumble	Spanish Churros
Cold Dessert	Belgium Waffle, Strawberry, Maple Syrup	Carrot Cake Topped with Frosting	Banoffee Pie Selection of Fresh Fruit	Cornflake Cake	Greek Yogurt, Cherry Compote, Granola

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Sweet Chilli Chicken Balls Black Bean Pork	Piri Piri Chicken	Cheeseburger Chilli Jam, Crispy Onions, Mayo	Breaded Chicken Topped with Smoked Cheese, Tomato Sauce	Piazza assorted	Chicken & Halloumi Shawarma	Chef's Special
Vegetarian Main Course	Sweet & Sour Chicken Balls	Piri Piri Frittata	Quorn Cheeseburger	Breaded Quorn Smoked Cheese	Veg Pizza	Halloumi Shawarma	
On the Side	Chow Mein Noodles Spring Rolls Chilli & Garlic Fries Gyoza Egg Fried Rice	Mixed Pepper Rice Chilli & Mint Peas Truffle Parmesan Potatoes Loaded Pitta Bread	French Fries Mac & Cheese Crispy Onions, Bacon Bits Cowboy Beans Chilli Corn Cob	Tomato Spaghetti Sauteed Potato Baked Baguette Stuffed Mushroom	Wedges Calamari Peas sweetcorn	Houmous & Pitta Sweet Potato Fries Greek Salad Olive Rice	



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Salad bar	A selection of salads, cold cuts and cheeses with dressings.
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