



Dover College Menu - Week 3

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Every Day	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Stew Coq Au Vin Bacon Lardons & Baby Onions	Spaghetti Bolognese Macaroni Cheese	Sweet & Sour Chicken Balls Beef in Black Bean Sauce	Jollof Chicken Beef Suya Marinated beef strips	Chicken schnitzel Hot Dogs
Vegetarian Main Course	Vegan sausages	Macaroni Cheese	Veg chow mein	Jollof Vegetable & Bean Stew	Quorn Schnitzel
On the side	Mashed Potato Rich Gravy Cauliflower Roasted Courgette Minted peas	Garlic bread Fennel Roasted Potatoes Sweetcorn Green beans Garden Peas Savoy Cabbage	Prawn Crackers Egg Fried Rice Soy Noddle's Broccoli Carrots Pak choi	Fried Plantain Sweetcorn Sweet potato Fries Sauteed Cabbage Peas	Fries Carotts Corn & Cob Peas Broccoli
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Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Cream mushroom & bacon	Pesto	Tomato & red pepper
Hot Dessert	Lemon Drizzle	Rice Pudding	Apple strudel, cream	Pear Crumble	Mini Doughnuts , Chocolate Sauce
Cold Dessert	Crepes, Strawberries, Lemon & Sugar	Tiramisu	Strawberry jelly	Lemon Curd, Mascarpone, Meringue	Greek Yogurt, Mandarin, Granola

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Beef Kofte Spiced Beef Mince Chargrilled	Pork Schnitzel, Fried Onions, Garlic Butter Bratwurst	Buffalo Chicken Burger Sliced Cheese,Gem Lettuce, Mayonnaise	Chicken Enchilada Baked with Spices	Hand Battered Fish	Homemade Calzone	Chef's Special
Vegetarian Main Course	Spice Quorn Mince	Spiced Falafel Fried Onions	Buffalo Mushroom Burger	Mushroom Enchiladas	Quorn Sausage	Vegetarian Calzone	
On the Side	Piri Piri Fries Chilli & Garlic Sauce Mixed Pepper Cous Cous	Bacon & Onion Fried Potato Herb Spaghetti Pretzle Baked Dumplings	Onion Rings Homemade Slaw Sweet Potato Fries Griddled corn on Cob Arrabbiata Pasta	Mexican Rice Potato Wedges Refried Beans Loaded Nachos Baked Sweet Potato	Chucky Chips Tartare Sauce Minted Peas Curry Sauce Buttered Roll	Fried Polenta, Parmaesan Creamy garlic mushrooms Tomato, Basil & Mozzerella	



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Salad bar	A selection of salads, cold cuts and cheeses with dressings.
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