Dover College Menu - Week 3

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Every Day	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	**Coq Au Vin** Bacon Lardons &Baby Onions	**Spaghetti Bolognaise**	**Chicken chow mein**	**Mince beef & onion pie**	**Beef burgers**
Vegetarian Main Course	Ratatoulie	**Macaroni Cheese**	**Ved chow Mein**	**Stuffed peppers**	**Quorn Schnitzel**
On the side	Mashed Potato Rich Gravy Cauliflower Roasted Courgette Minted peas	Garlic bread Fennel Roasted Potatoes Sweetcorn Green beans Garden Peas Savoy Cabbage	Prawn Crackers Egg Fried Rice Soy Noddle's Broccoli Carrots Pak choi	Mash Gravy Peas mangetout carrots	Fries Carotts Corn & Cob Peas Broccoli
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**

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Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Cream mushroom & bacon	Pesto	Tomato & red pepper
Hot Dessert	Lemon Drizzle	Orange cake	Apple strudel, cream	Apple & blackberry crumble	White chocolate sponge
Cold Dessert					

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	**Beef Kofte** Spiced Beef Mince Chargrilled	**Pork Schnitzel,** Fried Onions, Garlic Butter Bratwurst	**Buffalo Chicken Burger** Sliced Cheese,Gem Lettuce, Mayonnaise	**Beef Burrito**	**Fish Pie**	**Homemade Calzone**	Chef's Special
Vegetarian Main Course	**Spice Quorn Mince**	**Spiced Falafel Fried Onions**	**Buffalo Mushroom Burger**	**Mushroom Enchiladas**	**Quorn Sausage**	**Vegetarian Calzone**	
On the Side	Piri Piri Fries Chilli & Garlic Sauce Mixed Pepper Cous Cous	Bacon & Onion Fried Potato Herb Spaghetti Pretzle Baked Dumplings	Onion Rings Homemade Slaw Sweet Potato Fries Griddled corn on Cob Arrabbiata Pasta	Mexican Rice Potato Wedges Refried Beans Loaded Nachos Baked Sweet Potato	Mash Minted Peas Roasted cauliflower carrots	Fried Polenta, Parmaesan Creamy garlic mushrooms Tomato, Basil & Mozerella	

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Salad bar	A selection of salads, cold cuts and cheeses with dressings.